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Infidelity is a step-by-step
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counseling clients who needed help coping with infidelity. In this book, he shares what he has learned in a step-by-step format that helps readers cope with the emotional impact of the affair, decide what it tells

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Let's just take a timeout.
Please do NOT do anything
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later. Your spouse made a
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As a wise and very

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knowledgeable therapist, Dr. Lusterman clearly explains the complex dynamics of infidelity.

~~Infidelity: A Survival Guide
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If you are struggling to repair your relationship in the aftermath of an affair, following these guidelines can help: Steps For the Partner Who Had the Affair:

- Be willing to listen to your spouse talk about the

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pain of the betrayal without
blaming or being defensive

~~Surviving Infidelity: A Step
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Your marriage can survive an
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work; both of you must be committed to repairing the damage, rebuilding trust, and reconnecting. The unfaithful spouse...

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Guide is a wonderful guide for couples dealing with the aftermath of an infidelity. As a wise and very knowledgeable therapist, Dr. Lusterman clearly explains the complex dynamics of infidelity. He provides an

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